

STARTERS

CHICKEN TENDERS \$13.95

traditional crispy or buffalo style served with french fries

CHICKEN WINGS

bbq, buffalo, korean style, hot honey or reaper

8 PIECE \$14.95 / 12 PIECE \$19.95 / 16 PIECE \$25.95

CRAB CAKES \$19.95

two lump maryland crab cakes with fresh corn relish & cilantro mayo

FRIED CALAMARI \$15.95

delicately fried calamari served with spicy marinara & lemon

QUESADILLA \$12.95 ADD CHICKEN \$7

veggies, pepper jack cheese, salsa, guacamole & sour cream

BAVARIAN STYLE PRETZEL \$12.95

served with whole grain dijon mustard & cheese sauce

NACHOS \$12.95

warm corn tortilla chips topped with cheese sauce, green scallions,
& jalapeños served with salsa, guacamole & sour cream - ADD CHICKEN \$7 ADD CHILI \$5

VEGETABLE POT STICKERS \$12.95

vegetable dumplings served with garlic sesame sauce

AVOCADO BRUSCHETTA \$12.95

avocado, lime, olive oil & feta cheese on sourdough

SOUPS & SALADS

ONION SOUP GRATIN \$10.95

gruyere, swiss & parmesan cheeses with ciabatta

CHICKEN NOODLE \$10.95

celery, carrots, onions, chicken, pasta & lemon

CAESAR \$12.95

romaine, croutons & grated parmesan with a creamy caesar dressing

COBB \$19.95

grilled chicken breast, egg, lettuce, avocado, tomato, bacon & bleu cheese crumble with a red wine vinaigrette

SHRIMP & KALE \$22.95

grilled shrimp, kale, romaine, corn, black olives, & red onion with a honey balsamic

ADD CHICKEN \$7, SHRIMP \$8, SALMON \$13 OR STEAK \$18

FRESHLY BAKED PIZZAS

TRADITIONAL MARINARA \$13.95

marinara & mozzarella

PROSCIUTTO & ARUGULA \$16.95

marinara, mozzarella, prosciutto, arugula & parmesan

HAWAIIAN BBQ CHCKEN \$15.95

fried chicken, bacon, pineapple, sautéed red onion & mozzarella

MARGHERITA \$14.95

marinara, fresh mozzarella & basil

BURGERS, CLUBS, PANINIS, WRAPS & SANDWICHES

CHOICE OF FRENCH FRIES, SWEET POTATO FRIES OR SIDE SALAD

ELEMENTS \$19.95

house seasoned ground beef, cheddar cheese, bacon, lettuce, tomato,
onion rings, pickles, dijon mustard & mayo on a brioche roll

SALMON \$19.95

salmon, arugula, tomato & tartar sauce on a brioche roll

VEGGIE \$19.95

black beans, quinoa, chickpeas, lettuce & tomato on a multi grain bun

TURKEY \$19.95

house seasoned ground turkey topped with arugula, tomato & avocado on a multi grain bun

REUBEN SANDWICH \$20.95

corn beef, swiss & sauerkraut on marble rye served with coleslaw
& russian dressing

TURKEY CLUB \$18.95

with bacon, lettuce, tomato, swiss & mayo on a multi-grain bread

GRILLED CHICKEN WRAP \$17.95

mesclun greens, sliced apple & a jack-cheddar blend with honey mustard

SALMON CLUB BLT STYLE \$17.95

sautéed red onion & basil mayo on sourdough bread

CHICKEN CAPRI PANINI \$18.95

tomato, mozzarella & basil with a balsamic glaze on ciabatta

BLACKENED CHICKEN SANDWICH \$18.95

blackened chicken, monterey jack cheese, lettuce & tomato served on a brioche roll

STEAK SANDWICH \$22.95

sliced steak & caramelized onions topped with swiss & pepper jack cheese served with parmesan fries

ENTREES

CREATE YOUR OWN FETTUCCINI \$16.95

your choice of sauce - garlic & oil / marinara / vodka / pesto cream / alfredo

ADD CHICKEN \$7, SHRIMP \$8, SALMON \$13 OR STEAK \$18

VEAL PICCATA \$29.95

veal cutlet, capers, lemon & demi-glace on a bed of spaghetti

CHICKEN BREAST \$23.95

served with roasted potatoes, mushrooms & pan jus

FLAT IRON STEAK FRITES \$29.95

grilled & topped with garlic herbed truffle butter & served with parmesan fries

GRILLED NY STRIP STEAK \$35.95

served au poivre style with mashed potatoes, carrots & asparagus

MEDITERRANEAN PENNE \$22.95

shrimp, kale, black olives, tomatoes & mushrooms sauteed with white
wine and an infused thyme, rosemary, garlic oil

GRANDMA'S MEATLOAF \$23.95

house seasoned ground beef with bacon & BBQ sauce served with mashed potatoes, sautéed carrots & string beans

TERIYAKI SALMON \$27.95

filet of salmon seared in teriyaki sauce served with jasmine rice & a vegetable medley

FISH TACOS \$20.95

tempura battered fish, coleslaw, avocado, cilantro & tartar sauce
served on flour tortillas

ALL DAY AMERICAN BREAKFAST \$17.95

two eggs any style with bacon, sausage, home fried potatoes & toast

SWEET & SALTY ENDING

JUNIOR'S ORIGINAL NY CHEESECAKE \$13.95

CHOCOLATE CAKE \$9.95

TIRAMISU \$10.95

BROWNIE A LA MODE \$10.95

FRENCH APPLE TART A LA MODE \$12.95

BANANA BREAD PUDDING A LA MODE \$10.95

ICECREAM \$6.95

vanilla, chocolate or strawberry